



InterstateTransport

Interstate Corporate Center
Tel 727-822-9999 | Fax 727-894-9999
324 1st Avenue North; Saint Petersburg, Florida 33701
www.interstate-transport.com www.inmotionglobal.com

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For More Information Call:
Mike Olson
(727) 822-9999 ext. 1444

Interstate Transport Bucks Trend and Continues Expanding in Saint Petersburg, Florida

Interstate CEO gives credit to debt free status and good housekeeping as reason for company's health and expansion.

Saint Petersburg, Florida - February 2, 2009 - Interstate Transport, Inc., the leading US freight management and logistics company, announced it has broken ground on its expanded US headquarters in downtown Saint Petersburg, Florida.

In light of the toughest economy in decades, and the most difficult post-war freight volumes to hit the trucking sector, Interstate is adding space, staff, and recently opened its InMotion Global TMS software division to critical acclaim. InMotion Global TMS is already profitable and is on track to double revenues in 2009.

Tim Higham, CEO of Interstate said, "We are extremely proud to be able to offer our team members a stable work environment in light of such a dire economy. Our past planning has allowed us the enviable position of expanding the company, hiring staff, and starting a new division to capitalize on our proprietary software platform, InMotion Global TMS."

Higham stated that the two major reasons for Interstate's ability to expand are good past planning and remaining debt-free. "So many companies borrowed money when things were easy, but we remained true to our plan of growing with free cash flow. If we did not have the cash, we waited until we did," Higham said. "The end result is that Interstate is a debt-free company that is now watching our competitors struggle and fall. Our competitors' debt loads are too high to support the shrinking available business."

Higham went on to state that more fiscal responsibility is needed in business and that taking on debt for growth's sake is a fool's game. "Is it better to have \$100 million in sales and \$1 million in profit, or \$50 million in sales and \$5 million in profit? It is a simple math question. More revenue does not mean more profit – and business owners need to remember that," he said.

Interstate is adding room at its headquarters for up to 40 new members and has an existing Tier 3 Data Center in Tampa. Construction will be completed on the headquarters expansion in March 2009.

To find out more about Interstate Transport, go to www.interstate-transport.com. Learn more about the InMotion Global TMS software platform at www.inmotionglobal.com or call Mike Olson at 727-822-9999 x 1444.

ABOUT INTERSTATE TRANSPORT: Interstate is one of the fastest growing logistics providers in the United States. Based in Saint Petersburg, Florida, Interstate provides logistics services and complete logistics outsourcing solutions including transportation management software (InMotion Global TMS) to customers across the United States. Interstate's Freight Management Center (FMC) and Disaster Freight Management Center (DFMC) provide: capacity and Internet load tracking for every shipment, routing and load optimization, Internet load tendering, guaranteed appointment setting, and complete efficiency reporting. InMotion Global TMS allows customers to manage every aspect of their logistics needs via the Internet or telephone, using the latest IVR (Integrated Voice Response) technology.