



Interstate Corporate Center
Tel 727-822-9999 | Fax 727-894-9999
324 1st Avenue North; Saint Petersburg, Florida 33701
www.Interstate-Transport.com www.InMotionGlobal.com

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For More Information Call:
Barbara Ell
(727) 822-9999 ext. 1311
Press@Interstate-Transport.com

Interstate Transport Hires Chief Operating Officer

Timothy Duncan joins Interstate's Management Team

Saint Petersburg, Florida – April 13, 2010

Interstate Transport today announced that it has hired Timothy L. Duncan as its Chief Operating Officer (COO).

Mr. Duncan joins Interstate after a long career with Sysco, starting in 1986. Mr. Duncan's experience includes executive-level responsibility including positions in Marketing, Sales, Operations and, most recently, as General Manager of International Food Group, Inc. distribution operations in Plant City, Florida, one of the fastest growing divisions of Sysco Corporation.

"We are so pleased to have Tim join our executive team and we are confident that he is the ideal choice to lead our company's operations into the most exciting period of expansion we've experienced. He brings a unique set of leadership skills and abilities, as well as a vast knowledge of the logistics and transportation industry. The creation of this new, executive level position is a "Kodak moment" for Interstate. To get someone of Tim's caliber is an amazing testament to what we have built here. His addition will help us reach our short- and long-term goals," said Tim Higham, Interstate's President and CEO.

Mr. Duncan's experience in sales, marketing and day-to-day operations will assist Interstate in its objective of doubling its size again over the next two years. As COO, Mr. Duncan will implement procedures to streamline daily processes and assist the company with its plans to add even more of the nation's largest shippers to its list of clients. He will also assist in the integration of planned acquisitions.

"I appreciate all of the opportunities that Sysco provided to me during my career there and I am anxious to bring that experience to Interstate Transport. As the fastest growing logistics and

transportation company in Florida, Interstate's opportunities are limitless. While at Sysco, I worked with Interstate for many years and found that the company is head and shoulders above the competition," said Duncan. "I believe with the team we have in place and the future acquisitions and hires that are in the pipeline, Interstate is poised to become the fastest growing logistics company in the nation. Our approach of combining the newest technology and superior customer service is unique in the industry and I am thrilled to be a part of a company that is leading its industry, not just following trends."

About Interstate Transport:

Interstate Transport, Inc. is one of the fastest growing logistics providers in the United States. Headquartered in St. Petersburg, Florida, Interstate provides logistics and distribution services and complete logistics outsourcing solutions including transportation management software (InMotion Global TMS™) to customers across the United States. Interstate's Freight Management Center and Disaster Freight Management Center provide: trucking capacity and Internet load tracking for every shipment, routing and load optimization, Internet load tendering, guaranteed appointment setting, and complete efficiency reporting. Learn more at www.Interstate-Transport.com.

About InMotion Global:

InMotion Global, Inc. provides the industry-leading Transportation Management System, InMotion Global TMS™ with its companion web-portal LoadLink™ to customers across the United States. InMotion Global TMS™ is fully integrated with Interstate Transport's Freight Management Center to provide freight capacity, Internet load tendering and tracking, routing, load optimization, guaranteed appointment setting and complete efficiency reporting. InMotion Global, Inc. is headquartered in Saint Petersburg, Florida. Learn more at www.InmotionGlobal.com.

About Interstate Logistics Group:

Interstate Logistics Group is comprised of InMotion Global, Inc. and Interstate Transport, Inc. and serves as the logistics & transportation platform company in Palm Beach Capital's portfolio. Palm Beach Capital is a private equity investment firm that specializes in investing in growing, privately held companies. Through its partnership with Palm Beach Capital, Interstate Logistics Group and its divisions are poised to acquire other logistics providers and freight transportation companies in order to provide complete, full-service, logistics, distribution, and freight transportation offerings.